

Families First



Families First is the term used in Hertfordshire for services that work together to support families who need extra help. These are also known as early help services.

We all experience difficulties at some point. Families First can help you find early help and information to prevent issues from getting worse.

If you need more help than your usual support network - for example, your health visitor, school, doctor or family centre - they can work with you and your family to create a package of support.

Families First is available to all Hertfordshire families with children under 18 (25 if they have a learning need or disability).

The type of support offered is based on your family's individual needs, but it can help with issues such as:

- parenting
- mental and physical health problems
- drug and alcohol dependency
- domestic abuse
- school related concerns - such as your child is not attending school
- debt problems
- risk of becoming homeless

Information, advice and guidance for families can be found through the Families First portal [Families First](#)