

Changing Me

Life cycles, my changing body, growing from old to young, becoming a teenager, assertiveness, self-respect, safeguarding, family stereotypes, self and body image, change, puberty accepting change, looking ahead, moving on, classes/schools.

These are age appropriate.
(See inside)

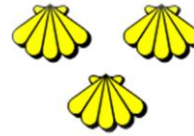
Relationships

Families, friendships, love and loss, memories, grief cycle, safeguarding and keeping safe, attraction, assertiveness, conflict, self-esteem, cyber safety and social networking, roles and responsibilities in families, stereotypes, communities.

These are age appropriate.
(See inside)

Science - Animals including humans.

- Describe the change as humans develop to old age
- Describe the differences in the life cycles of a mammal, an amphibian, an insect and a bird
- Describe the life process of reproduction in some plants and animals.
- recognise the impact of diet, exercise, drugs and lifestyle on the way their bodies function.
- identify and name the main parts of the human circulatory system, and describe the functions of the heart, blood vessels and blood.
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High Wych



Parental information for PSHE lessons for Relationships and Sex Education.

September 2020

Legally:

1. School **MUST** teach the Science curriculum.
2. The DFE guidance 2019 states that Relationship and Health Education (including changing adolescent body) are **compulsory**.

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