LUNCHTIME CO®

WEEK 1 MENU

WEEKS: 13/04, 04/05, 01/06, 22/06, 13/07, 31/08, 21,09, 12/10

High Wych CE PRIMARY SCHOOL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Baked Sausage Roll served with Seasoned Cubed Potatoes & Baked Beans or Fresh Salad	Meat Feast Wholemeal Pizza served with Jacket Potato Wedges, Crunchy Carrot & Cucumber Sticks	Homemade Beef Lasagne served with Wholemeal Garlic & Herb Bread, Mixed Vegetables or Salad	Roast Chicken served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy	Fish Fingers or Salmon Fish Fingers served with Chips, Garden Peas or Baked Beans & Ketchup
MEAT FREE	Vegan Sausage Roll served with Crispy Cubed Potatoes, Peas & Sweetcorn	Cheese & Tomato Wholemeal Pizza served with Jacket Potato Wedges, Crunchy Carrot & Cucumber Sticks	Roasted Vegetable & Lentil Lasagne served with Wholemeal Garlic & Herb Bread, Mixed Vegetables or Salad	Cauliflower Cheese served with Roast Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy	Vegan Quorn Sausage served with Chips, Garden Peas or Baked Beans & Ketchup
PASTA & JACKETS	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta with Cheddar Cheese Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad
LUNCHTIME LUNCHBOX	Choice of Ham, Cheese or Tuna Mayo Sandwich Cheese Straws Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Tortilla Chips Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Cream Crackers Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Cheese Straws Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Tortilla Chips Duo of Salad Sticks
DESSERTS	Choose One of Our Fabulous Desserts Chocolate Crispy Cake Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Strawberry Mousse with Berry Coulis Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Syrup & Peach Cake Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Vanilla Ice-Cream & Fruit Sauce Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Chocolate Iced Sponge Fruity Jelly Fresh Fruit Pot

Making lunchtime the highlight of your day

LUNCHTIME CO®

WEEK 2 MENU

WEEKS: 20/04, 11,05, 08/06, 29/06, 20/07, 7/09, 28/09, 19/10

High Wych CE PRIMARY SCHOOL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Meatballs in a Tomato Sauce served with Pasta, Homemade Wholemeal Garlic & Herb Bread and Seasonal Vegetables	BBQ Chicken Wholemeal Pizza Pinwheel served with Baked Potato Wedges, Peas & Sweetcorn	Chicken Korma served with Rice, Naan Bread finger & Seasonal Vegetables	Roast Gammon served with Potatoes, Yorkshire Pudding, Carrots, Broccoli and Gravy	Beef Burger in a Bun served with Chips, Garden Peas or Baked Beans & Ketchup
MEAT FREE	Traditional Macaroni Cheese served with Wholemeal Garlic & Herb Bread and Seasonal Vegetables	Margherita Wholemeal Pizza Pinwheel served with Baked Potato Wedges, Peas & Sweetcorn	Vegan Meatballs in a Tomato Sauce served with Pasta, Homemade Wholemeal Garlic & Herb Bread and Seasonal Vegetables	Vegan Quorn Sausage served with Potatoes, Yorkshire Pudding, Carrots, Broccoli and Gravy	Vegetable Burger in a Bun served with Chips, Garden Peas or Baked Beans & Ketchup
PASTA & JACKETS	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta with Cheddar Cheese Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad
LUNCHTIME LUNCHBOX	Choice of Ham, Cheese or Tuna Mayo Sandwich Cheese Straws Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Tortilla Chips Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Cream Crackers Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Cheese Straws Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Tortilla Chips Duo of Salad Sticks
DESSERTS	Choose One of Our Fabulous Desserts Marble Shortbread Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Mixed Berry Muffin Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Fruit Flapjack Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Apple & Summer Berry Crumble Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Jaffa Style Sponge Fruity Jelly Fresh Fruit Pot

Making lunchtime the highlight of your day

LUNCHTIME CO®

WEEK 3 MENU

WEEKS: 27/04, 18/05, 15/06, 06/07, 14/09, 5/10

High Wych CE PRIMARY SCHOOL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Fish Fingers served with Creamy Mash Potato & Spaghetti Hoops	Lunchtime Breakfast Brunch Pork Sausage, Bacon Hash Browns & Baked Beans	Beef Bolognese Pasta served with Garlic & Herb Bread and Seasonal Vegetables	Roast Pork served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy	Chicken Nuggets served with Chips, Garden Peas or Baked Beans & Ketchup
MEAT FREE	Fishless Fish Fingers served with Creamy Mash Potato & Spaghetti Hoops	Lunchtime Breakfast Brunch Quorn Sausages, Hash Browns & Baked Beans	Vegetable & Lentil Bolognese served with Spaghetti, Garlic & Herb Bread and Seasonal Vegetables	Quorn Fillet served with Roast Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy	Vegetable Nuggets served with Chips, Garden Peas or Baked Beans & Ketchup
PASTA & JACKETS	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta with Cheddar Cheese Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad
LUNCHTIME LUNCHBOX	Choice of Ham, Cheese or Tuna Mayo Sandwich Cheese Straws Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Tortilla Chips Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Cream Crackers Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Cheese Straws Duo of Salad Sticks	Choice of Ham, Cheese or Tuna Mayo Sandwich Tortilla Chips Duo of Salad Sticks
DESSERTS	Choose One of Our Fabulous Desserts Sprinkle Cookie & Orange Wedge Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Sticky Toffee Apple Cake Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Chocolate Brownie Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Carrot Cake Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Lemon Drizzle Cake Fruity Jelly Fresh Fruit Pot

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